

Best Friends Forever
Ages 4 - Kindergarten
Week #2
Love is Kind

Jesus Heals on the Sabbath – Mark 2:23–3:6

One day, Jesus and His friends were walking through a field. They began to pick some pieces of grain and eat them. It was the Sabbath, a day of rest when no one was supposed to work. The teachers of the law were still looking to get Jesus in trouble. They wanted to catch Him breaking God's laws. (Ask what a law is.) When they saw Jesus and His disciples picking the grain, they thought He was breaking the Sabbath rules. Jesus told them they were wrong.

"The Sabbath Day was made for us; we weren't made for the day of the Sabbath." On another Sabbath day, Jesus was walking through town when He saw a man with a hurt hand. The teachers were looking to see if Jesus would heal the man on the special day of rest. They were watching Jesus' every move. Jesus told the man to stand up. Then Jesus asked the teachers of the law, "What's the right thing to do on the Sabbath: to do good or to do evil?"

None of the leaders said a word. Jesus was upset because all of the leaders had unkind hearts. They would rather let the man leave with a hurt hand than help him on the Sabbath.

Jesus told the man, "Stretch out your hand." When the man reached out, his hand was healed! Jesus wanted all of the leaders to know that the Sabbath is a day to do God's work and healing is God's work!

MEMORY VERSE

If I do not have God's love, then I am only a
noisy bell or a ringing cymbal.

Love is patient and kind.

1 Corinthians 13:1-7 (paraphrase)

Application

How can I love like Jesus? Kindness is love in action. If we are kind to others, we love like Jesus. In this story, we see Jesus heal a man, even though others were telling Him not to. Jesus did not care what others thought of Him. He knew it was more important to be kind.

Sometimes it might seem easier to ignore someone who is in need because it isn't easy. There may be times when friends make fun of us for being kind. If someone is in need, ask yourself, "Would Jesus have stopped what He was doing to help?" Be like Jesus.

