



The Most Important Prayer...

Is as easy as ABC!

ADMIT

*For everyone has sinned, we all fall short of
God's glorious standard.
(Romans 3:23 NLT)*

We need to admit that we have disobeyed God. That disobedience is called sin.

BELIEVE

*For Christ died for our sins, one and for all.
(1 Peter 3:18 NIV)*

We need to believe that Jesus loves us and died to pay the punishment for our sins.

CHOOSE

*Anyone who calls on the Lord will be saved.
(Romans 10:13 NCV)*

We need to choose Jesus to be our Savior, Forgiver, and Forever Friend. We simply need to ask Him. Just say the following prayer. Tell your family and come tell your RBfK teachers too.

Not as smart as others

For the Lord grants wisdom! From His mouth come knowledge and understanding. (Proverbs 2:6 NIV)

If you need wisdom, ask our generous God, and He will give it to you. He will not rebuke you for asking. (James 1:5 NLT)

Everlasting Father, Today I felt _____. I know that I am young and I have not learned as much as others but I want to learn Your ways. Help me to see how You would do things and give me the strength to do them. Amen.

Dear Jesus, sometimes learning is hard for me. Please help me be a better learner. Help me to listen to my teachers and give me the power to keep practicing. I want to learn and grow in school and in Your ways. Amen.

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Embarrassed

You have searched me, Lord, and You know me. (Psalm 139:1 NIV)

*I love those who love me, and those who seek me find me.
(Proverbs 8:17 NIV)*

Dear God, Thank you for loving me. Today I was embarrassed when _____. I didn't like that feeling. But I know that You look at my heart and not what happens on the outside. You know me and love me for who I am. Help me to face those people another day with Your love. In Jesus' name, Amen.

Sorry

Yet now I am happy, not because you were made sorry, but because your sorrow led to repentance (ask forgiveness and change your ways). (2 Corinthians 7:9a NIV)

Forgive us our sins, for we also forgive everyone who sins against us. And lead us not into temptation. (Luke 11:4 NIV)

Dear Jesus, Because of Your great sacrifice when I sin and feel sorry, I can learn to change. I am sorry for _____ and ask that You forgive me and help me to act in Your way. In Jesus' name, Amen.

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Hurt by someone

Make allowances for each other's faults, and forgive anyone who offends you. Remember, the Lord forgave you, so you must forgive others. (Colossians 3:13 NIV)

Almighty God, I was hurt when _____ happened. Help me to forgive what they did. I know You forgive me for my mistakes and that we all make bad choices. Help me to learn through this experience. Amen.

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Sad

Rejoice always. (1 Thessalonians 5:16 NIV)

A cheerful heart is good medicine...(Proverbs 17:22a NIV)

Always be full of joy in the Lord. I say it again, rejoice. (Philippians 4:4 NIV)

Dear King of Kings, There are times I feel sad. I want to feel happy. I know that there will be hard times and I ask that You help me feel the joy of Your love, wisdom, and strength. I know You love me always. Amen.



If you admit, believe, and choose Jesus, say this prayer.

Dear Jesus,

Thank you for loving me so much. Thank you for wanting me to be with You forever. I'm sorry that I have disobeyed and sinned against You. Thank you for taking my punishment for my disobeying. Please forgive me for what I have done wrong. I want You Jesus, to be my Savior, Forgiver, and my Forever Friend. I want to love You all the days of my life. Please help me to listen to You and obey You. I love You, Jesus. Amen

The Lord's Prayer

Jesus was talking with his disciples and they asked Him to teach them to pray. Jesus modeled this prayer that we call "The Lord's Prayer". Jesus told the disciples not to pray just these words, but to use their own words with these ideas.

"Our Father in heaven, hallowed be your name, your kingdom come, your will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our debts, as we forgive our debtors. And do not lead us into temptation, but deliver us from the evil one. For yours is the kingdom and the power and the glory forever. Amen" (Matthew 6:9-13 NKJV)

In the box below, fill in your words for each phrase that Jesus said. You may need to talk about some of these words and phrases with a parent or adult. Draw a picture or symbol in the next section to help you remember that phrase.

Jesus said...	I say...	I draw to remember
Our Father in heaven...		
Hallowed be your name...		
Your kingdom come, your will be done, on earth as it is in heaven.		

Sick

He heals the broken hearted and bandages their wounds. (Psalm 147:3 NLT)

...For I am the Lord who heals you. (Exodus 15:26b NLT)

Dear God, You have the power to heal all hurts. I am sick. I ask that You use Your power to help me to bear this sickness and heal me. Amen.



Worried

Don't worry about anything; instead pray about everything. Tell God what you need and thank Him for all He has done. (Philippians 4:6 NLT)

Give all your worries and cares to God, for He cares about you. (1 Peter 5:7 NLT)

Jesus, I know that You tell me not to worry. It is hard to stop. Help me to take a breath and ask You for peace. Let me feel Your love as my worried mind relaxes. Point me to the wisdom and the people to help me solve my problems. In Jesus' name, Amen.



Afraid

For God has not given us a spirit of fear, but of power and of love and of a sound mind. (2 Timothy 1:7 NKJ)

Wait patiently for the Lord. Be brave and courageous. Yes, wait patiently for the Lord. (Psalm 27:14 NLT)

Lord, I ask You to help me be brave. I know You will come to help me through my fear. I will be brave because You are with me always and You have given me a strong mind. Amen.

Prayers for when I'm feeling...

Praise be to the God and Father of our Lord Jesus Christ, the Father of compassion and the God of all comfort, who comforts us in our troubles...(2 Corinthians 1:3a NIV)

Alone

I will never leave you or let you be alone. (Hebrews 13:5b NIV)

I am with you always. (Matthew 28:20 NIV)

Heavenly Father, Thank you for always being with me. I feel alone or lonely sometimes. Help me to remember to reach out and think about Your love and the comfort You give. Help me to remember to talk to You and listen carefully when I feel alone. Sometimes I just need to feel Your hug. In Jesus' name, Amen.

Different

"For I know the plans I have for you," says the Lord. "They are plans for good and not for disaster, to give you a future and a hope." (Jeremiah 29:11 NLT)

I praise you because I am fearfully and wonderfully made; your works are wonderful, I know that full well. (Psalm 139:14 NIV)

God of all creation, You made me and sometimes I feel like I don't fit in. I feel different than others. Help me to find my way in this world. The Bible says You have a plan for me. Give me the strength to follow you and to find how I fit into this world. I know You made me for Your good. Allow me to be at peace with myself. Amen.

Give us this day our daily bread		
And forgive us our debts as we forgive our debtors		
And do not lead us into temptation, but deliver us from the evil one		
For yours is the kingdom and the power and the glory forever. Amen		

Now read through your words to create a special prayer in the same way Jesus taught the disciples to pray. Come back to this prayer when you struggle for the words to speak to God. Change how you say each section from time-to-time.

The Armor of God

This passage from the Bible is one of the most memorable and one of the best ways to face your day. Consider using the prayer before you start your day.

*Be strong in the Lord and in his mighty power. Put on the full armor of God, so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms. Therefore, put on the full armor of God, so that when the day of evil comes, you may be able to stand your ground, and after you have done everything to stand. Stand firm then, with the **belt of truth** buckled around your waist, with the **breastplate of righteousness** in place, and with your **feet fitted with the readiness** that comes from the **gospel of peace**. In addition to all this, take up the **shield of faith**, with which you can extinguish all the flaming arrows of the evil one. Take the **helmet of salvation** and the **sword of the Spirit**, which is the word of God. And pray in the Spirit on all occasions with all kinds of prayers and requests. With this in mind, be alert and always keep on praying for all the Lord's people. (Ephesians 6:11-18 NIV)*

For hurts and healing

Please help _____ to feel better.

Take care of _____.

My _____ is sick. Please heal him/her.

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For my feelings

Today I felt **mad** when _____. Help me to control my anger.

I am **sorry** that I said/did _____.

I was **happy** today when _____. Thank you for blessing my day.

I don't like it when I have to _____. Help me to face it with Your **courage**.

I am so **excited** for _____. Help me to keep calm and peaceful until the time is right for excitement.

Sometimes I am **jealous** of _____. Help me to feel content with what I have.

I get **mad** at my brother/sister. Help me to create peace between us.

I get **worried** when _____. Let me feel Your calm when I start to worry.

I felt **lonely** today. Help me to recognize You are always with me.

I am **sad** because _____. Help me through this problem.

It **felt like nobody cared** about me today. Help me to see the people that like me and even love me. I know You love me.

I **am loved** by so many people and by You, Jesus. Thank you for surrounding me with love.

Prayer starters...

Pick an idea and then fill in the sentence. You will begin to feel more comfortable talking in prayer when you practice. Pray aloud or to yourself.

Praise and Thanksgiving

I praise You for being _____.

You are a _____ God.

Thank you for _____.

I am blessed by You when _____.

I am amazed by Your _____.

For others

Help my _____ with _____.

My family needs _____.

At _____ we need _____.

Help me to know how to talk to _____ about Jesus.

My school needs _____.

My friend needs _____.

For me

I am sorry that I _____.

Help me to _____.

I feel _____. Help me to _____.

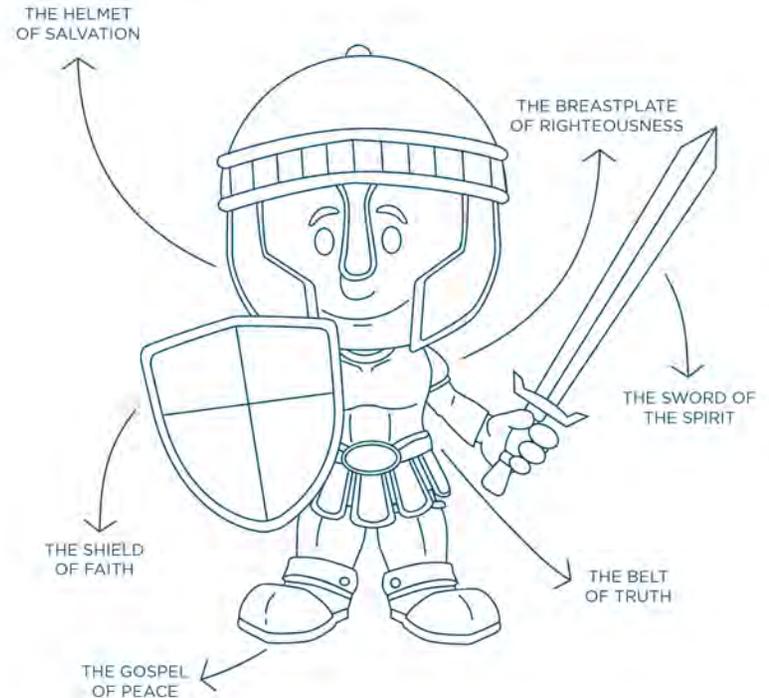
Teach me to forgive others because today _____.

Keep me strong when I want to _____ and shouldn't.

Protection Through the Armor of God

Dear Heavenly Father, I ask for your protection today with your armor. I put on the **belt of truth** to speak and act in honest ways. With the **breastplate of righteousness**, I will choose to do what is right, even if it's hard. I will be prepared to use the **gospel of peace** to solve my problems. I will carry the **shield of faith** to block the attacks of evil and earthly desires. I know that Jesus is with me. I wear the **helmet of salvation** knowing that Jesus loves me and died for me. I carry the **sword of the Spirit** which is the truthful word of God. I will talk with you anytime, anyplace, about anything for myself and those around me.

In Jesus' name, Amen.



Ephesians 6:11-18

Faith

I pray that faith will find root and grow in my children's hearts, that by faith they may gain what has been promised to them.
(Lk. 17:5-6, Heb. 11:1-40)

Self-Discipline

Father, I pray that my children may acquire a disciplined and prudent life, doing what is right and just and fair.
(Prov. 1:3)

Willingness to Work

Teach my children, Lord, to value work and to work at it with all their heart, as working for the Lord, not for men. (Col. 3:23)

Perseverance

Lord, teach my children perseverance in all they do, and help them especially to run with perseverance the race marked out for them.
(Heb. 12:1)

Heart for Missions

Lord, please help my children to develop a desire to see your glory declared among the nations, your marvelous deeds among all peoples.
(Ps. 96:3)

Generosity

Grant that my children may be generous and willing to share, and so lay up treasure for themselves as a firm foundation for the coming age. (1 Tim. 6:18-19)

Passion for God

Lord, please instill in my children a soul that 'followeth hard after thee', one that clings passionately to you.
(Ps. 63:8 KJV)

Responsibility

Grant that my children may learn responsibility, for each one should carry his own load. (Gal. 6:5)

Prayerfulness

Grant, Lord, that my children's lives may be marked by prayerfulness, that they may learn to pray in the Spirit on all occasions with all kinds of prayers and requests.
(Eph. 6:18)

31 Biblical Virtues to Pray for Your Kids by Bob Hostetler

Dear Parents,

Prayer is a habit and children are more likely to establish a habit when they see their parents doing it too. So consider having a family prayer time where everyone turns off the outside world (TV, phones, games, and background distractions) and sits together to pray. Start with five or ten minutes where everyone prays their own prayer then one person in the family closes with a prayer. At some point, prepare the child to close the family prayer. This will help kids get over the fear of praying aloud. Children can use the phrases on page 16 to help them get started.

You are also encouraged to have a family celebration when the child completes 21 Days of Prayer. There is a chart in the back of the children's prayer book to help keep track.

May all of your lives be marked by prayerfulness as you pray in the Spirit on all occasions. (Ephesians 6:18 NIV)

With His love,
RBfK Prayer Team

Pull this page out and give it to your parents.

Biblical Prayers To Pray For Your Kids

Salvation

Lord, let salvation spring up within my children, that they may obtain the salvation that is in Christ Jesus, with eternal glory. (Is. 45:8, 2 Tim. 2:10)

Love

Grant, Lord, that my children may learn to live a life of love, through the Spirit who dwells in them. (Gal. 5:25, Eph. 5:2)

Gratitude

Help my children to live lives that are always overflowing with thankfulness and always giving thanks to God the Father for everything, in the name of our Lord Jesus Christ. (Eph. 5:20, Col. 2:7)

Compassion

Lord, please clothe my children with the virtue of compassion. (Col. 3:12)

Hope

May the God of hope grant that my children may overflow with hope and hopefulness by the power of the Holy Spirit. (Ro. 15:13)

Joy

May my children be filled with the joy given by the Holy Spirit. (1 Thess. 1:6)

Contentment

Father, teach my children the secret of being content in any and every situation, through Him who gives them strength. (Phil 4:12-13)

Servant's Heart

God, please help my children develop a servant's heart, that they may serve wholeheartedly, as if they were serving the Lord, not men. (Eph. 6:7)

Respect

Father, grant that my children may show proper respect to everyone, as your Word commands. (1 Pet. 2:17)

Mercy

May my children always be merciful, just as their Father is merciful. (Lk. 6:36)

Kindness

Lord, may my children always try to be kind to each other and to everyone else. (1 Thess. 5:15)

Justice

God, help my children to love justice as You do and act justly in all they do. (Ps. 11:7, Mic. 6:8)

Faithfulness

Let love and faithfulness never leave my children, but bind these twin virtues around their necks and write them on the tablet of their hearts. (Prov. 3:3)

Purity

Create in them a pure heart, O God, and let that purity of heart be shown in their actions. (Ps. 51:10)

Courage

May my children always be strong and courageous in their character and in their actions. (Dt. 31:6)

Love for God's Word

May my children grow to find Your Word more precious than much pure gold and sweeter than honey from the comb. (Ps 19:10)

Self-Control

Father, help my children not to be like many others around them, but let them be alert and self-controlled in all they do. (1 Thess. 5:6)

Honesty

May integrity and honesty be their virtue and their protection. (Ps. 25:21)